



# Enjoy the outdoors while geocaching

Geocaching is a great marriage between GPS technology and outdoor recreation. Sign in on the official Geocaching Web site, [www.geocaching.com](http://www.geocaching.com), and print out clues to help you find each local “cache.” Caches are plastic or metal containers hidden around the world by experienced “cachers,” containing inexpensive treasures and notepads for you to log your visit. The fun is in finding the cache. Replace a treasure with one you have brought along.

Enrich your experience by combining the hike to find a cache with additional outdoor fun. Take a few extra items along like birding guides, binoculars, plant guides or a journal for nature study. Take along a camera so you can capture the adventure together with fellow cachers, and a trash bag so you can pick up litter along the way.

Geocaching is a great opportunity to get your kids outside for an adventure in nature. Encourage them by telling them to use their senses and observe their surroundings like a scientist (watch carefully, listen, tread softly, minimize noise) so they have an opportunity to observe a variety of wildlife along the way. Enjoy! **FW**

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Have you tried the new recreation craze called geocaching? If you have a Global Positioning System (GPS) unit, you are set to play. GPS is a satellite navigation system used to determine ground position and velocity (location, speed and direction). A number of automobiles today have installed GPS navigation systems, complete with an LCD map that shows drivers where in the world they are.



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